

**IRIT SHIMRAT** calls herself an escaped lunatic and is a longtime antipsychiatry activist and advocate of alternatives to psychiatric treatment. She served as editor-in-chief of the national magazine *Phoenix Rising: The Voice of the Psychiatrized*; co-founded and coordinated the Ontario Psychiatric Survivors' Alliance; presented two programs ("Analyzing Psychiatry" and "By Reason of Insanity") on the CBC Ideas radio show; and wrote *Call Me Crazy: Stories from the Mad Movement* (Vancouver: Press Gang Publishers, 1997).